

## FIELD GOURSE GUIDE GONTENTS

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## HEVINFORMATION

### <u>APPLY HERE</u>

**COST: £1,895** 

This includes an online lecture series from internationally renowned scientists and your field course experience in Central Kalimantan, Indonesian Borneo. It covers your visa, entrance fees to forest sites, all field course activities and associated transport costs, as well as accommodation and food in town and in camp. You'll need to pay for your own international and domestic flights, travel and medical insurance, vaccinations and any personal expenditure.

**DURATION: 3 WEEKS** 

We're running two field courses in 2026: from 29th June to 19th July; and again from 10th August to 30th August. (Please note dates are subject to change depending on weather conditions).

WHERE? INDONESIA

You'll call home a research station located in some of the most interesting, unique and important ecosystems on Earth. Full of biodiversity, plants and fungi. Countless opportunities to learn from highly skilled, local and international field researchers and staff whilst experiencing life-shaping, life-defining moments - clouded leopards and orangutans on your doorstep anyone?

A REAL EXPERIENCE

You won't be spectating. You'll be experiencing rainforest conservation for real. From super-early morning primate follows to tree ID'ing to habitat restoration activities. This course will give you a foundational and practical understanding to build a career in conservation for real. All this delivered by us and co-hosted by our local Indonesian partner CIMTROP, experts in sustainable management of tropical peatland.

## WE ARE BORNEO NATURE FOUNDATION.

### We believe everything is connected.

You, us, everyone and everything. All connected to rainforest, all connected to nature.

We have been learning about, protecting and restoring Borneo's rainforests for over 25 years with science and local communities at the centre.

We are leading experts in rainforest biodiversity, including orangutan and gibbons, with some of the longest running research and monitoring programmes to date. We're constantly learning about wild cats, insects, birds, reptiles and a host of small, endemic mammals. Ever seen a Binturong?

We take what we learn and use it to guide a huge range of conservation projects; activities that protect and restore ecosystems. Think undoing damage from illegal logging and wildfires by reforesting or re-flooding peat-swamp forest with dams.

United with local people, we support communities to secure legal land rights and kickstart sustainable businesses. This, together with our environmental education projects, after school clubs and university scholarships, helps shape the future of Borneo's rainforests, forests we all depend on.

Started by scientists (just like you), our conservation activities put a huge emphasis on training and knowledge sharing. We see students (like you) as our partners, you are the conservation leaders of tomorrow and field courses like this help increase the wave of conservation action around the world through once-in-a-lifetime experiences.

In short, we're dedicating our lives to protecting Borneo for people and nature, anyway we can.

This is your opportunity to join us.

Bottler Naura Foundation





### YOU ARE...

Brave. Bold. Curious. Open-minded and open to a truly unique, once-in-a-lifetime experience.

You're ready for an adventure learning and living with fellow student conservationists soon-to-be friends.

You can adapt to change and embrace both chaos and peace.

You want to learn, to use your brain and your body, to live close to nature and with it.

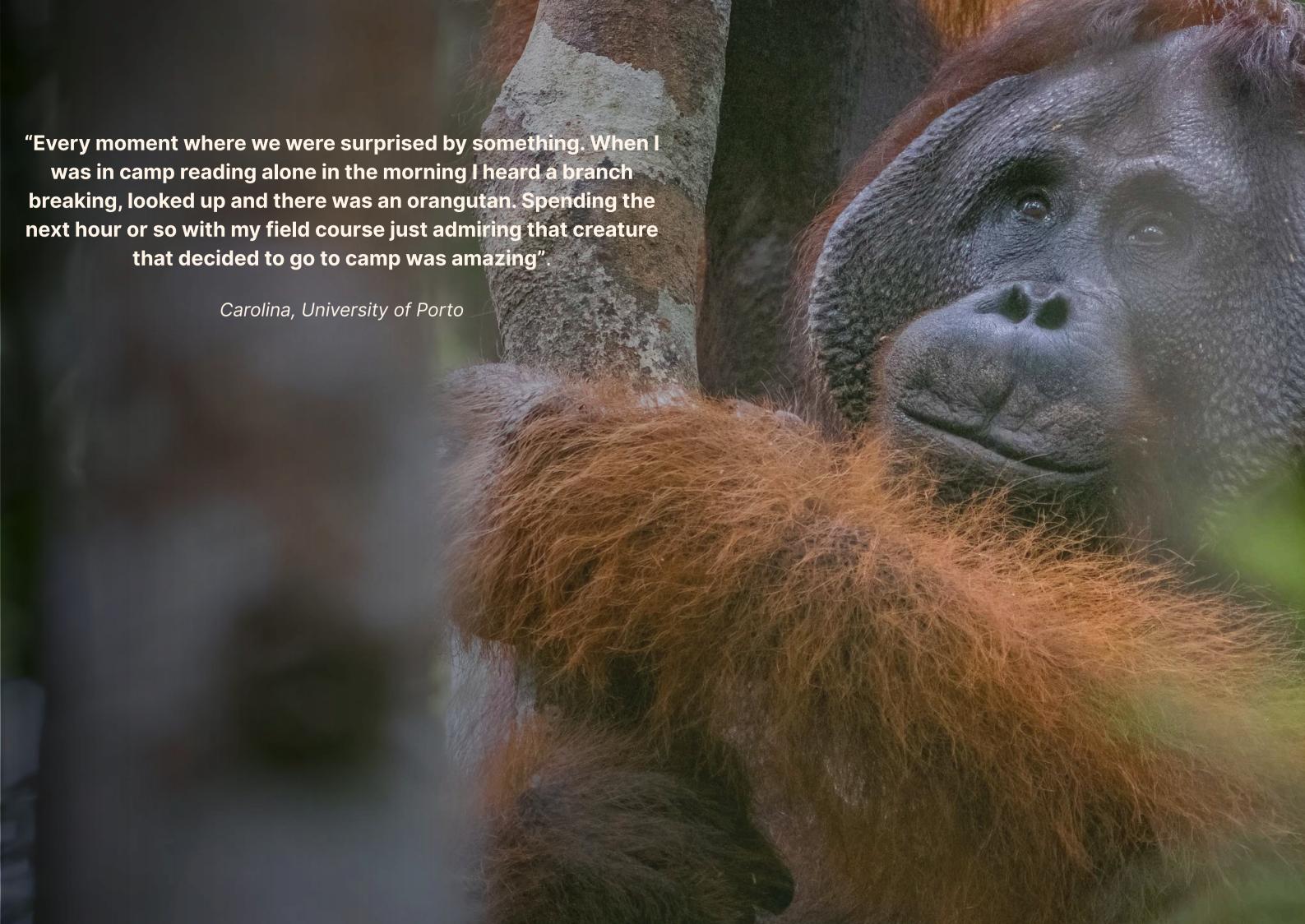
You're ready to get your hands dirty, can cope with hard conditions, humidity, heat and being near exhausted each day for all the best reasons.

You don't mind being sweaty, asking a million questions and the more than occasional mosquito bite\*.

Most of all you want an experience that will help shape a career in conservation, to not only grasp practical conservation strategies but have real experience applying them in the field all before youve even left uni.

If this is you, keep reading...

\*bites not guaranteed. Know that we take safety seriously and comply to BS 8848:2014 guidelines (British Standard for adventurous activities outside the UK) so tell whoever is at home to relax, you're in safe hands.



# BORNEO'S PAINFORESTS ARE...

### One the largest, most life-rich and under-threat ecosystems on Earth.

Tropical conditions switch between hot and wet or dry and hot. Trees stretch upwards towards the light where bearded gibbons swing from branch to branch. Insects call. Lizards scamper underfoot. Deep, red, brown pools of peat swamp sit calmly, awaiting your footsteps as you explore. Here, you'll be guided by a field team who know this place better than anyone else on Earth.

The weather here is changeable. Downpours, lightning and beating hot sun all in the space of an hour - if you aren't wet from heavy rain you will be from the heat and humidity!

Terrain varies, from peat-swamp rainforests to sandy soil, mixed forests and highlands. The ground is flat but expect to fall over at least once, tripping over twisting tree roots and liana vines will be your rainforest rite of passage.

Walking in the forest in 30C degree heat, often through mud and water, requires both mental and physical fitness. We listen to our bodies and rest when we need to. The wonder of the forest, both the peace and noise, will keep going as you take it all in.

Our field course location in Sebangau is magical, unique and full of opportunities to learn and discover new things about nature, conservation and yourself.





## GOURSE GONTENIS

What to expect on your 3-week Borneo based field course, where we connect theory to real hands-on experience.

You'll monitor, record and analyse data; whether its getting to grips with phenology or following orangutans.

Get a grip on various ecosystems, how they function, what they offer and why they are important not just for local life but all life.

See biodiversity. 6% of all biodiversity on Earth is found in Borneo. You will undoubtedly experience so much from primates to plants.

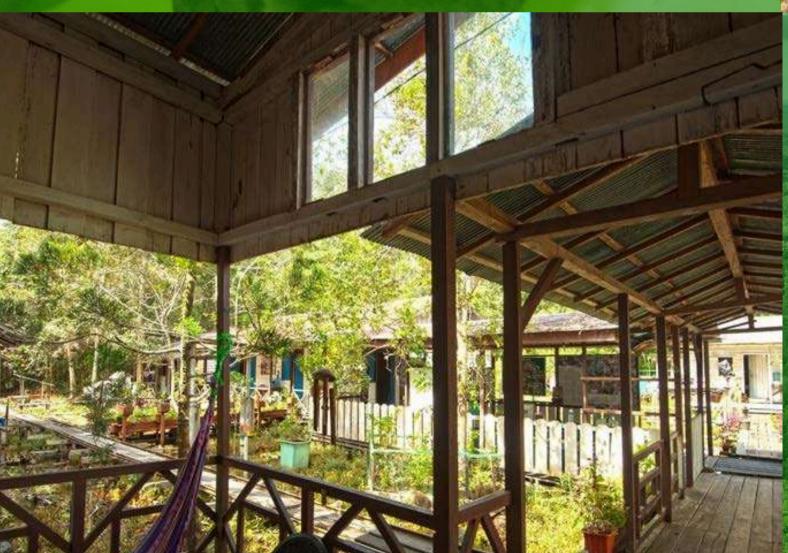
You'll use your voice to share your experiences, your questions and ideas, with fellow student and professional scientists from all over the world.

You'll witness and join impactful conservation projects, from reforesting to dam building, that fireproof rainforests.

Embracing tech, you'll use camera traps, GPS and bio-acoustics.

We work with nature, the changing climate, to bring you a varied, rich and inspiring experience in constantly evolving rainforest ecosystems.







You'll call home an ex-logging now research camp managed by our partners CIMTROP, where;

Gibbons are your alarm clock.

Camp cooks blow your mind.

You'll sleep in rainforest, in single-sex dorms, washing "Mandi" style.

You can disconnect from Wi-Fi, connect with nature in communal spaces.

More tea, coffee and H20 than you can ever handle.

Be surrounded by swathes of rainforest life.

Spend time with field staff who have spent decades in the forest.





### We cover almost everything from touchdown in Central Kalimantan, Indonesian Borneo but these are the things you'll need to pay separately:

### **FLIGHTS**

You'll need to purchase your international flights to Jakarta and then a domestic flight on to Palangka Raya, Borneo. Note you must have a return flight booked to comply with Indonesian immigration.

### TRAVEL INSURANCE

You must arrange comprehensive travel and medical insurance for the entire duration of your trip and supply us with your policy document.

### **VACCINATIONS**

Organise the relevant vaccinations well in advance of the trip and discuss your needs for Malaria medication with your GP or travel clinic.

### **PLEASE NOTE**

The cost of your Visa is included in your Field Course fee/ However, as part of this process you'll need to provide a bank statement showing at least the equivalent of \$1,500.

You'll need your passport to have at least 6 months left to enter Indonesia and note that you cannot already be in Indonesia on any other type of visa whilst we get your visa application processed. Please note there is a specific type of visa for field courses and you cannot apply for it yourself. Please mention any pre or post travel plans to us as soon as you have booked your field course place.

We thrive to offer equal opportunities to students that would like to gain field experience with us, irrespective of their socio-economic background. With this in mind, we offer a 25% discount on our field assistance fees to a limited number of students per year who meet our eligibility. To request the financial assistance application form, please email join@borneonature.org.

## GET VOUR KIT.

Please bring the following kit with you to ensure you have a safe, comfortable and enjoyable trip!

### CLOTHING

All field work clothing and footwear should be in neutral, forest colours only, ideally cotton.

Please note: respect the cultural standards in Indonesia by wearing clothing that covers knees and shoulders.

Worn in walking boots (No need for expensive boots)

Waterproof jacket or poncho

3 pairs of trousers

3 longsleeve tee shirts

3 pairs of long socks

Sunhat

2 sets of casual clothing for relaxing at camp

A jumper/hoodie for cooler evenings

Flip-flops/sandals

Swimwear (swimming shorts + longsleeve tee)

Underwear

### First aid kit

### **TOILETRIES**

Pack your toiletries and medication you need.

Bring a field first aid kit including:

Painkillers (paracetamol/ibuprofen)

Antihistamine cream/tablets

**Plasters** 

Thick bandages

Eye drops

Antiseptic wipes/cream/spray

Anti-malarial tablets if recommended by GP

Anti-diarrhoeal tablets if recommended by GP

Anti-nausea tablets

Scissors/tweezers

1+ box of re-hydration sachets e.g Diarolyte

Talcum powder recommended for sweat rash

Factor 50 sun screen

After-sun lotion

Lip protection cream

Menstruation products and, if prone to cystitis, at

least one course of preferred treatment

### **EVERYTHING ELSE**

Passport with photocopies

Visa with photocopies

Bank cards

European plugs and converter if needed (220v)

Relevant chargers & current stabiliser

Camera with Silica gel satchets

Binoculars

Entertainment for downtime in camp (cards anyone?)

Indonesian Phrasebook or Duolingo

Rucksack (not a suitcase)

Day pack (20-30L)

Sleeping bag (1-2 season)

Water bottle

LED Head torch

Waterproof digital watch

Sunglasses

Microfibre towel

Stationery (notebook, pens, pencils)

**USB** Drive



